

Sunday July 28, 2019	Monday July 29, 2019	Tuesday July 30, 2019	Wednesday July 31, 2019	Thursday August 1, 2019	Friday August 2, 2019	Saturday August 3, 2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal French Toast Scrambled Egg Sausage Links Cinnamon Roll Prunes	Cream of Wheat Apple Cinnamon French Toast Scrambled Eggs O'Brien Potatoes Pastry Cantaloupe	Oatmeal Corned Beef Hash Scrambled Egg Breakfast Potatoes Scones Peaches	Oatmeal Egg & Cheese Muffin Spanish Scramble Grilled Ham Blueberry Muffin Orange Wedges	Cream of Wheat Banana Pancakes Cheese Scramble Bacon Donuts Tropical Fruit	Oatmeal Waffle Ham and Cheese Scramble Hash Browns Danish Tomato Slices	Cream of Wheat Pancakes Scrambled Eggs Sausage Patty Bran Muffin Grapefruit Sections
Brunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Albondigas Soup Seafood Salad Traditional Glazed Ham Coconut Shrimp Creamy Leek Chicken ✓ Au Gratin Potatoes Almond Cranberry Rice Pilaf Broccoli and Cauliflower Buttery Peas and Carrots Boston Cream Pie Crème Brule Diet Lemon Poppy seed Muffin Diet Pudding	Black Bean Soup Cream of Spinach Soup Edamame Salad Chicken Strips Spaghetti Bolognese ✓ Carrots and Green Beans Potato Wedges Chocolate Éclair Cake Apple Caramel Cake Diet Ice Cream Diet Cake	Zuppa Toscana Cream of Zucchini Italian Tomato Rotini Salad Carnitas Enchiladas Panko Crusted Sole ✓ Refried Beans Broccoli Chocolate Dream Cake Cherry Turnover Diet Trifle Diet Mousse	Chicken Tortilla Soup Potato, Cheddar Ale Soup Sour Cream Dill Potato Salad Chicken Pot Pie Grilled Asian Salmon ✓ Steamed Rice Lotus Roots Banana Cream Pie Walnut Cake No Sugar Added Cherry Pie Diet Cake	French Onion Soup Cream of Broccoli Soup Green Pea Salad Roasted Turkey Rosemary Pork loin ✓ Cornbread Stuffing Green Bean Casserole Sweet Potato Pie Yellow Cake Diet Ice Cream No Sugar Added Pie	Five Bean Soup New England Clam Chowder Kale Slaw Fisherman's Platter Chicken Alfredo ✓ Fettuccini French Fries Succotash Elvis Bundt Cake Pumpkin Cream Cheese Cookies NSA Chocolate Chip Cookies NSA Lemon Cake	Chicken Gumbo Chef's Choice Cranberry Bacon Broccoli Salad Salisbury Steak Chicken Fajitas ✓ Saffron Rice Garden Vegetables Samoa Bundt Cake Fruits of the Forest Pie Diet Pudding Diet Apple Cookies
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Albondigas Soup Seafood Salad Chicken Salad Croissant Open Faced Roast Beef Sandwich Potato Chips Vegetable Medley Boston Cream Pie Crème Brule Diet Pudding Diet Lemon Poppy seed Cake	Black Bean Soup Cream of Spinach Edamame Salad Pepper Steak with gravy Herb Roasted Chicken Lemon Dill Sole ✓ Loaded Mashed Potatoes Tarragon Rice Sautéed Squash Garden Vegetable Blend Chocolate Éclair Cake Apple Caramel Cake Diet Cake Diet Ice Cream	Zuppa Toscana Cream of Zucchini Italian Tomato Rotini Salad Pineapple Chicken Sausage Pepper Tortellini Pesto Crusted Cod ✓ Fried Rice Steamed Potatoes Zucchini & Eggplant Glazed Carrots Chocolate Dream Cake Cherry Turnover Diet Mousse Diet Trifle	Chicken Tortilla Soup Potato, Cheddar Ale Soup Sour Cream Dill Potato Salad Stuffed Cabbage Rolls Trout Amandine Lime Roasted Chicken ✓ Mushroom Pilaf Scalloped Potatoes Sautéed Garlic Spinach Roasted Green Beans Walnut Cake Banana Cream Pie Diet Cake No Sugar Added Cherry Pie	French Onion Soup Cream of Broccoli Soup Green Pea Salad Beef Ale Stew Portobello Napoleon Cornmeal Catfish ✓ Hush Puppies Garlic Mashed Potatoes Collard Greens Roasted Beets Sweet Potato Pie Yellow Cake Diet Ice Cream	Five Bean Soup New England Clam Chowder Kale Slaw BBQ Chicken Seafood Newburg London Broil ✓ Herb Roasted Potatoes Rice Pilaf Corn with Peppers Vegetable Blend Elvis Bundt Cake Pumpkin Cream Cheese Cookies NSA Lemon Cake NSA Chocolate Chip Cookies	Chicken Gumbo Chef's Choice Cranberry Bacon Broccoli Salad Braised beef in apple demi glace served with Delmonico potatoes and charred brussels sprouts and carrots New Orleans shrimp with bacon tomato aioli served with creamy cheddar grits and sauteed spinach with onions Samoa Bundt Cake Fruits of the Forest Pie Diet Apple Cookies Diet Pudding