

Sunday February 10, 2019	Monday February 11, 2019	Tuesday February 12, 2019	Wednesday February 13, 2019	Thursday February 14, 2019	Friday February 15, 2019	Saturday February 16, 2019
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Oatmeal Egg and Sausage Muffin Scrambled Egg Grilled Ham Assorted Pastry Honeydew	Cream of Wheat Peach Waffles Scrambled Eggs Bacon Banana Bread Pear Halves	Oatmeal Open faced Egg Sandwich Scrambled Egg Hash Browns Pastry Orange Wedges	Oatmeal Cinnamon French Toast Cheese Scramble Turkey Sausage Donuts Pineapple Chunks	Cream of Wheat Blueberry Pancakes Scrambled Eggs Sausage Patty Apple Raisin Cake Prunes	Oatmeal Waffles Denver Scramble Bacon Pastry Peach Slices	Cream of Wheat Pancakes Scrambled Egg Corned Beef Hash Chocolate Chip Muffins Cantaloupe
<b>Brunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Vegetable Rice Soup Seafood Salad Roasted Tri Tip Tomato Basil Snapper Pepper Chicken ✓ Roasted Red Potatoes Tuscan Orzo Italian Vegetable Blend Roasted Carrots Lemon Cake Dutch Apple Pie NSA Cheesecake Diet Pudding	Classic Tomato Soup Chicken Noodle Soup Quinoa Salad <b>Beef Chili w/ cornbread</b> Salsa Fresca Chicken ✓ White Rice Stir Fried Vegetables Pumpkin Bars Zucchini Bread Diet Ice Cream Diet Spice Cake	Cheesy Cauliflower Soup Navy Bean Soup Macaroni Cheddar Salad <b>Tuscan Sausage and Grapes</b> Lemon Tarragon Sole ✓ Roasted Potatoes & Onions Squash Medley Peanut Butter Pie Pecan Coffee Cake Diet Cake Diet Cherries	Chicken & Wild Rice Soup Bacon Corn Chowder Red Cabbage Slaw <b>Ortega Chicken</b> Pork Dijonaise ✓ Herb Rice Pilaf Broccoli & Peppers Chocolate Cream Cheese Bundt Coconut Cake Diet Mousse No Sugar Added Carrot Cake	Carrot & Ginger Soup Watergate Salad French Dip Sandwich Moroccan Chicken ✓ Couscous Green Beans and Carrots Guadalupe Pie Diet Ice Cream Diet Trifle	Cabbage & Potato New England Clam Chowder Angel Hair Salad Seafood Newburg <b>Beef Goulash</b> ✓ Egg Noodles Roasted Root Vegetables Princess Bar Moon Pie Diet Cake No Sugar Added Pie	<b>Italian Wedding Soup</b> <b>Chef's Choice</b> <b>German Potato Salad</b> Meatloaf Herb Roasted Pork loin ✓ Whipped Sweet Potatoes Succotash <b>Napoleons</b> <b>Ice Cream Pie</b> <b>Diet Ice Cream</b> <b>Diet Cookies</b>
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Vegetable Rice Soup Seafood Salad <b>Patty Melt</b> Turkey Broccoli Divan Onion Rings Fresh Fruit Lemon Cake Dutch Apple Pie Diet Pudding No Sugar Added Cheesecake	Classic Tomato Soup Chicken Noodle Soup Quinoa Salad <b>Hoisin Pork loin</b> <b>Walnut Shrimp</b> <b>Panko Crusted Chicken</b> <b>Jasmine Rice</b> <b>Chow Mein Noodles</b> <b>Green Bean &amp; Carrots</b> <b>Sauteed Bok Choy</b> Pumpkin Bars Zucchini Bread Diet Spice Cake Diet Ice Cream	Cheesy Cauliflower Soup Navy Bean Soup Macaroni Cheddar Salad <b>Spaghetti and Meatballs</b> <b>Baked Chicken Ziti</b> <b>Dijon Crusted Sole</b> <b>Garlic Bread</b> <b>Garden Rice Pilaf</b> <b>Zucchini Blend</b> <b>Bell Pepper Succotash</b> Peanut Butter Pie Pecan Coffee Cake Diet Cherries Diet Cake	Chicken & Wild Rice Soup Bacon Corn Chowder Red Cabbage Slaw Chicken Pot Pie Braised Lamb Ginger Orange Rockfish ✓ Feta Potatoes Saffron Rice Steamed Broccoli Peas and Onions Chocolate Cream Cheese Bundt Coconut Cake No sugar added carrot cake Diet Mousse	<b>Roasted Tomato Bisque</b> Watergate Salad <b>Shrimp Garnished Filet Mignon</b> <b>Shrimp Garnished Salmon</b> <b>Parmesan Risotto</b> <b>Loaded Sweet Potato Mash</b> <b>Sauteed Green Beans</b> <b>Roasted Baby Carrots</b> Guadalupe Pie <b>Flourless Chocolate Cake</b> Diet Ice Cream Diet Trifle	Cabbage Potato Soup New England Clam Chowder Angel Hair Salad Liver and Onions St. Louis Style Ribs Baja Red Snapper ✓ Green Onion Polenta Cilantro Rice Cheesy Cauliflower Roasted Zucchini Princess Bar Moon Pie No Sugar Added Pie Diet Cake	<b>Italian Wedding Soup</b> <b>Chef's Choice Soup</b> <b>German Potato Salad</b> <b>Pernot Glazed Cod Fish</b> <b>Rice and Garlic Romanesco and Fennel</b> <b>Lemon Roasted Chicken Breast with Pan Gravy served with Mojo Potatoes and Lemon Pepper Broccoli</b> <b>Napoleons</b> <b>Ice Cream Pie</b> <b>Diet Ice Cream</b> <b>Diet Cookies</b>